

Table 2. Formaldehyde Concentration in Various Food Groups

Food Item	Formaldehyde Concentration (mg/kg)
Meat and poultry	5.7–20 ⁶²
Fish (Gadidae family)	6.4–293 ⁶³
Shellfish	1–98 ⁶⁴
Fruits and vegetables	33–60 ⁶⁵
Milk and milk products	0.027 (fresh) and 0.164 (processed) ⁶⁶
Sugar and sweeteners	0.75 ⁶⁷
Coffee	3.4–16 ⁶⁸
Alcohol beverages	0.27–3.0 ⁶⁹